



# Superheroes eat breakfast at school!



Pre-K Breakfast offers students:

- A Serving of Fruit
- A Serving of Grain
- A Serving of Milk



**Outside Food is NOT Allowed in Pre-K.**

Research shows when kids eat breakfast  
they are able to:

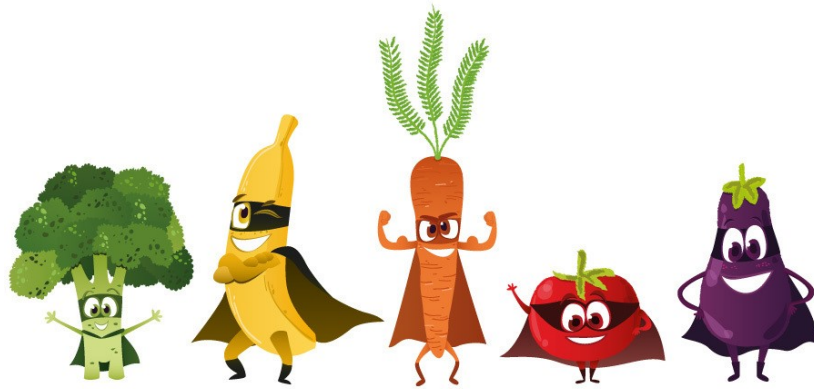
**FOCUS.**

**PLAY.**

**LEARN.**

**Eat school breakfast.**

Pre-K provides a daily balanced  
breakfast and lunch each day.



**Save money....**  
**Save time...**  
**have your child eat**  
**breakfast at school.**

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# Running late



No Problem,  
FREE breakfast is available  
until \_\_\_\_\_.

**Outside Food is NOT Allowed in Pre-K.**

# Skip the

# store...

# save \$10 a week

(or \$2 a day),



# have your child eat school breakfast.

Outside Food is **NOT ALLOWED** in Pre-K.

# Send Your Child to School with Love and a Wish for a Great Day—

## THEY'LL GET BREAKFAST AT SCHOOL!

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Students who eat both at home and school are at risk for eating more than they need. This can lead to weight gain and health problems. You've done your job by enrolling them in pre-school which provides Breakfast, Lunch and Snack!

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