

LEMON-LIME FIZZ

MAKES 1

INGREDIENTS

1 CUP CARBONATED WATER, PLAIN + 3/4 CUP 100% APPLE JUICE + 1 TABLESPOON LIME JUICE + 2 TABLESPOONS LEMON JUICE

The ingredients are listed in a row, separated by plus signs. Each item is accompanied by a small illustration: a blue carbonated water bottle, a bottle of 100% apple juice, several slices of lime, and several slices of lemon.

INSTRUCTIONS

1. Mix all ingredients in a glass.
2. Serve & enjoy!

Nutrition Facts

Servings: 1	
Amount per serving	
Calories	93
	% Daily Value*
Total Fat 0.3g	0%
Saturated Fat 0.2g	1%
Cholesterol 0mg	0%
Sodium 22mg	1%
Total Carbohydrate 22.7g	8%
Dietary Fiber 0.2g	1%
Total Sugars 21.9g	
Protein 0.3g	
Vitamin D 0mcg	0%
Calcium 91mg	7%
Iron 0mg	0%
Potassium 83mg	2%



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